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Knowledge Sharing in the Healthcare System; A Systematized Review

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ABSTRACT

Aims This research aimed to clarify knowledge sharing in texts related to the healthcare system. **Information & Methods** This systematized review was conducted across six databases, including MEDLINE (via PubMed), WOS, Scopus, Embase, ERIC, and ProQuest, without time limitations until 2023. After removing duplicates and screening articles, 36 were included for qualitative content analysis using conventional methods.

Findings After merging and categorizing the codes, the analysis identified five main categories: 'Nature of Shared Knowledge', 'Ways of Knowledge Sharing', 'Factors Involved in Organizational and Inter-Organizational Knowledge Sharing Events', 'Consequences of Knowledge Sharing', and 'Barriers to Knowledge Sharing'.

Conclusion Various healthcare system knowledge types are shared through formal and informal channels, either in person or virtually. Organizational and technological components contribute to knowledge sharing at both organizational and inter-organizational levels, resulting in positive individual, organizational, and therapeutic outcomes.

Keywords Healthcare System; Knowledge; Knowledge Management; Review Article

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[1] Exploring the knowledge sharing practices among medical... [2] Transnational knowledge transfer... [3] Healthcare knowledge sharing among a... [4] Information systems and healthcare... [5] Return on information: A standard ... [6] "Water cooler" learning: Knowledge sharing... [7] Physicians' attitudes towards knowledge... [8] Perceptions of physicians about knowledge... [9] Overview of knowledge management... [10] An investigation into knowledge sharing... [11] Knowledge sharing, knowledge management... [12] How knowledge sharing and business... [13] Reconsidering concept of knowledge sharing... [14] A study of knowledge sharing practices... [15] Concept analysis: Method to enhance... [16] Three approaches to qualitative... [17] Qualitative content analysis in nursing research... [18] Competing paradigms in qualitative... [19] Strategies to enhance rigor... [20] Trust and knowledge sharing among... [21] Exploring member's knowledge sharing... [22] Creating conditions for effective knowledge... [23] The use of social media in healthcare... [24] Interorganizational knowledge sharing to establish... [25] Collaborating on healthcare on an all-island... [26] Building learning organizational culture during... [27] Goal importance, use of performance measures... [28] The transfer of knowledge on integrated care... [29] Relevance of adult higher education on knowledge... [30] Network analysis of the structure of inter-professional... [31] An empirical study of knowledge sharing: A case of... [32] Assessing knowledge sharing in cancer screening among... [33] Improving the health and safety of 911 emergency... [34] Knowledge management in the era of digital medicine... [35] Barriers to knowledge sharing in Chinese... [36] A model of medical practice for contextual... [37] Creating, synthesizing, and sharing... [38] Knowledge exchange and integrated services... [39] Dissemination of performance information and... [40] The application of total quality management... [41] Integration of health and social care... [42] Knowledge sharing practices... [43] If we only knew what we know... [44] Knowledge management in health systems... [45] Collaborative work and medical talk... [46] Healthcare knowledge transfer through a web... [47] When trustworthiness matters... [48] Extra-team connections for knowledge transfer between... [49] The 'actualities' of knowledge work... [50] Reducing hospital-acquired infections through... [51] Knowledge management as a mediator for the efficacy... [52] Cuba's virtual libraries: Knowledge... [53] Implementing knowledge management practices... [54] Fostering knowledge exchange between researchers... [55] Waves of knowledge management... [56] Trust and tacit knowledge sharing... [57] Silence or knowing in IT-facilitated face-to-face... [58] Health research funding agencies' support and...

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Introduction

Knowledge is an organization's most important asset, empowering individuals to create and expand a productive work environment ^[1]. Knowledge management activities include acquiring, encoding, storing, transferring, applying, and sharing knowledge. Knowledge sharing is considered a key process in knowledge management ^[2].

Knowledge sharing, tacit and explicit, holds particular importance in the healthcare system, especially in hospitals, compared to other industries. In such environments, knowledge sharing among healthcare staff improves the quality of patient services, impacting their lives and health ^[3, 4]. Many studies have highlighted the significance and benefits of knowledge sharing among healthcare professionals. These benefits include having an informed medical team capable of accurate diagnosis and treatment ^[5], reducing medical errors, increasing evidence-based medicine utilization, controlling healthcare costs, improving employee performance ^[6-8], enhancing the quality of services, fostering interprofessional collaboration, and promoting innovation and learning. Therefore, knowledge sharing in the healthcare system is crucial ^[9].

Nevertheless, researchers define knowledge sharing in various ways, particularly in the healthcare system, with definitions differing in specific or broader contexts ^[10]. For instance, Rehman et al. consider knowledge sharing an essential process for knowledge management. It defines it as a culture and social interaction through which knowledge, including information, skills, and specialized insight, is exchanged among individuals, communities, and organizations [11]. Olan et al. describe knowledge sharing as transferring organizational experience and knowledge in business processes through communication channels among individuals [12]. Doronin et al. defines knowledge sharing as the dissemination and transfer of explicit and tacit knowledge at the individual level to enhance the recipients' knowledge, whether individuals, groups, organizations, or communities. Their study results indicate that knowledge sharing has a dual nature, with knowledge as input and knowledge sharing as a process [13].

While reviewing articles on knowledge sharing in the healthcare system, it was observed that the focus on clarifying knowledge sharing in the healthcare system needed to be more prominent. Instead, more attention was given to the importance of knowledge sharing in this context. For example, Omotayo & Orimolade, in their research on knowledge sharing among Nigerian physicians, defined it as "individuals' willingness and readiness to share their knowledge with others" without elaborating on details such as the types of knowledge shared or the methods used. This definition indicates a need for more clarity on this concept in their article ^[1]. Similarly, in his study on knowledge sharing among healthcare providers, Morrow noted that knowledge sharing among healthcare workers is highly abstract ^[14]. Based on these varied definitions, it is evident that knowledge sharing in the healthcare system needs more clarity. Since individuals from different healthcare fields come together for various purposes, such as providing patient care or planning research, the terminology used by all participants must be clearly understood. Although they may use similar terms to refer to healthcare concepts, communication inconsistencies can arise, leading to misunderstandings and differing interpretations. Therefore, clear communication is essential for collaborative efforts, ensuring members comprehend what others are articulating ^[15].

As far as we know, studies have yet to clarify knowledge sharing within the healthcare system. Given the importance of knowledge sharing in healthcare, our study aims to clarify this concept by examining the nature of shared knowledge, how shared, the individual knowledge is and organizational components involved in the process, and the resulting outcomes. These findings can provide significant evidence for health managers, policymakers, professionals, and hospital and university heads, guiding them in planning and, if necessary, implementing interventions to improve the knowledge-sharing process within the healthcare system. This could enhance the efficiency of healthcare staff and offer valuable insights into knowledge sharing in the healthcare system. The information gathered could also serve as a foundation for future education and research. However, achieving a common understanding of knowledge sharing in healthcare is a prerequisite for these actions. Thus, this research was conducted to clarify knowledge sharing in the healthcare system.

Information and Methods

In this systematized review, appropriate keywords were selected based on the MeSH (Medical Subject Headings) and relevant articles on knowledge sharing in the healthcare system, in collaboration with the research team and an expert librarian ("Medical system", "Health system", "Clinical system", "Biomedical system", "Health care system", "Healthcare system", "Knowledge management", "Knowledge sharing", "Knowledge brokering", "Knowledge "Knowledge transmission", dissemination", "Knowledge exchange", "Knowledge transfer", and "Knowledge distribution"). A search strategy was developed with team members and an expert librarian ("Medical system*", "Health system*", "Clinical system*", "Biomedical system*", "Health care system*", "Healthcare system*", "Knowledge management", "Knowledge sharing", "Knowledge brokering", "Knowledge transmission", "Knowledge dissemination", "Knowledge exchange",

"Knowledge transfer", and "Knowledge distribution").

The search strategy was tested in the PubMed database and reevaluated or confirmed for use in other databases. Based on the research objectives and questions, databases such as MEDLINE (via PubMed), WOS, Scopus, Embase, ERIC, and ProQuest were selected to identify relevant evidence. The search strategy was developed with consultation from team members and a specialized librarian. The six mentioned databases were searched without time restrictions up to 2023. Search results from all databases were imported into the EndNote reference management software, where duplicates were removed (Figure 1).

English quantitative and qualitative original and review articles, master's theses, and doctoral dissertations related to knowledge sharing in the healthcare system were included in the study without any time constraints.

Letters to the editor, book chapters, editors' notes, corrections, meeting abstracts, and conference proceedings were not included. The selected articles were screened in the reference management software.

Nouri Khaneghah et al.

Qualitative content analysis is a versatile method of analyzing various textual data sources, including verbal, visual, printed, and electronic sources. In their article titled "Three Approaches to Qualitative Analysis," Hsiu-Fang and Shannon Content differentiated between three main approaches: conventional, directional, and summative content analysis. This study utilized the conventional content analysis method ^[16]. The analysis was conducted to code the articles' texts using the Graneheim and Lundman qualitative content analysis model (2004). The process began with a thorough review of each article's entire text, which was repeated several times to grasp the overall content. After this review, meaning units were identified, and corresponding codes were assigned. Once each article was coded, similar initial codes were merged into subcategories These subcategories were then grouped to form main categories. This process was repeated for 36 articles by two researchers, resulting in the final subcategories and categories ^[17].



Figure 1. Flow diagram showing the entire search process

Knowledge Sharing in the Healthcare System; A Systematized Review

The four criteria of Guba & Lincoln ^[18] were utilized to assess rigor. For credibility, the codes extracted from the articles were reviewed by a third researcher. To ensure transferability, complete explanations regarding the work process and code extraction were provided in the respective article. All information about retrieving articles, decisionmaking processes, and analyses was accurately recorded and maintained. Code extraction was performed by the second researcher, following the initial coding by the first researcher. The third researcher scrutinized and monitored all stages of systematized review process, the ensuring dependability and confirmability [18, 19].

Findings

Based on the systematized review, 4,152 articles were retrieved. After removing duplicates and screening at three levels, including title, abstract, and full text, 36 articles were selected for qualitative content analysis (Table 1).

After merging and classifying the codes resulting from the article analysis, five main categories were identified:

1- Nature of shared knowledge

Article analysis revealed that in the healthcare system, knowledge encompasses not only clinical findings ^[8] but also specialized and theoretical knowledge of physicians, knowledge about factors influencing clinical work ^[31], practical tips and "how-know" ^[43], documents in electronic and paper medical records of patients ^[31, 35, 47], knowledge gained from consultations ^[8], acquired knowledge from individuals outside the organization, and knowledge about the hospital's organizational structure ^[8, 26]. In addition, it includes individual experiences ^[8, 20, 23, 24, 31, 32, 35, 37, 42], opinions ^[27, 31, 46], and suggestions, ideas, and innovations ^[23, 31, 42, 43], which are shared both tacitly and explicitly ^[8, 24, 31, 35, 37, 40].

2- Ways of knowledge sharing Knowledge sharing based on the web

Knowledge sharing based on the web has expanded beyond traditional face-to-face interactions to include technological factors. It now occurs through various means such as email ^[37], online clinical training courses ^[23], telemedicine ^[8, 45], online forums ^[21, 23, 43], and social media platforms among patients, healthcare professionals, and others in the healthcare system ^[23, 31, 37, 41].

Formal and informal knowledge sharing

Whether implicit or explicit, knowledge is shared through formal and informal channels, utilizing human communication bridges and non-human channels ^[31, 34, 35, 37, 38]. Tacit knowledge is shared through apprenticeship, imitation, observation, socialization, storytelling, analogy, consultation, negotiation, and teaching ^[8, 42, 49]. Explicit knowledge is shared through documents, personal portals in hospitals, discussions, group sessions, and educational services, including face-to-face classes, rounds, clinical sessions, workshops, symposiums, conferences, and webinars ^[8, 24, 27, 37, 42, 45, 47].

3-Factors involved in organizational and interorganizational knowledge-sharing events *Organizational components*

Organizational factors significantly influence knowledge sharing within and between healthcare organizations. These factors include efforts for survival and competition ^[31], the increasing need to formalize the knowledge-sharing process ^[24, 37], patient referral processes among hospitals, and financial alignment between healthcare organizations ^[35, 45].

Provision of technology-information system and infrastructure

With technological advancements, knowledge sharing is no longer limited to in-person interactions within an organization; Individuals can now share knowledge virtually across different organizations within the healthcare system. A crucial aspect of this shift is providing the necessary infrastructure and establishing robust information technology and communication systems. In addition to ensuring access to technology that enables unrestricted knowledge sharing regardless of location and time ^[8, 25, 31, 37, 45, 52], enhancing the technological literacy of healthcare staff is also essential ^[42].

4- Barriers to knowledge sharing

Individual barriers

One barrier to knowledge sharing among healthcare professionals is the fear of losing power through knowledge sharing, along with a lack of training in knowledge sharing ^[42], high workload in the healthcare team ^[35], and individuals' perspective on the lack of priority for knowledge sharing ^[37].

Organizational and political obstacles

In organizational knowledge sharing within healthcare institutions, challenges such as lack of trust in experiments and evidence presented by other hospitals ^[35], distrust in hospital management ^[42], lack of leadership for knowledge sharing ^[35], differences in organizational needs ^[24], and absence of managerial policies at national and local levels hinder inter-organizational knowledge sharing ^[35].

5- Consequences of knowledge sharing *Increasing organizational responsibility*

Based on the article's analysis results, knowledge sharing positively affects the healthcare system. One such implication is the increased accountability in providing medical services to patients, treatment policy-making, planning, and enhancing the responsiveness of healthcare organizations to medical outcomes. Therefore, knowledge sharing in hospitals and among healthcare staff is crucial ^[31, 40]. *Improving the quality of services and treatment outcomes*

Knowledge sharing has numerous positive

therapeutic outcomes, such as reducing medical errors, preventing misdiagnosis, lowering patient mortality rates ^[8, 31], and avoiding repeating medical mistakes ^[24, 32]. As a result, patients will receive higher-quality healthcare services at all levels of care, ultimately leading to the establishment of a quality

healthcare system ^[8, 24, 31, 35, 45, 47, 52, 53].

Increasing the use of research and evidence

Knowledge sharing leads to evidence-based medical decision-making, provides research-oriented and innovative care, and advances therapeutic research strategies ^[8, 32].

Table 1. Bibliographic information of retrieved articles on the concept of knowledge sharing in the health system

Row	Authors names	Title	Journal	Year
1	Von Behr <i>et al.</i> ^[20]	Trust and knowledge sharing among hospitals during COVID-19:	VINE Journal of Information	2023
		The compound effect of four barriers to organizational trust for	and Knowledge Management	;
		knowledge sharing	Systems	
2	Yen [21]	Exploring member's knowledge sharing intention in online health	PloS One	2022
		communities: The effects of social support and overload		
3	Burns et al. ^[22]	Creating conditions for effective knowledge brokering: A	BMC Health Services Research	2022
4	Komodromos et al [23]	The use of social media in healthcare: Knowledge transfer in the	International Journal of	2021
т	Komouromos et ul.	Cyprus healthcare system	Technology Enhanced Learning	2021
5	Cresswell et al. [24]	Interorganizational knowledge sharing to establish digital health	Journal of Medical Internet	2021
		learning ecosystems: Qualitative evaluation of a National Digital	Research	
		Health Transformation Program in England		
6	Heenan [25]	Collaborating on healthcare on an all-island basis: A scoping study	Irish Studies in International	2021
			Affairs	
7	Alonazi [26]	Building learning organizational culture during COVID-19	BMC Health Services Research	2021
		outbreak: A national study		
8	Cifalino et al. ^[27]	Goal importance, use of performance measures, and knowledge	Health Care Management	2020
		exchange: An empirical study on general practitioners'	Review	
_		performance		
9	Grooten <i>et al.</i> ^[28]	The transfer of knowledge on integrated care among five	BMC Health Services Research	2020
		European regions: A qualitative multi-method study		
10	Vold & Haave ^[29]	Relevance of adult higher education on knowledge management in	The Electronic Journal of	2020
1.1	D I I [20]	the healthcare sector	Knowledge Management	2010
11	Rangachari <i>et al.</i> [30]	Network analysis of the structure of inter-professional knowledge	Journal of Healthcare	2019
		exchange related to Electronic Health Record Medication	Leadership	
10	Adamaliuma at al [31]	An empirical study of browledge shoring. A see of South African	Versuladas Managament 8 E	2010
12	Adeyelure et al. [31]	An empirical study of knowledge sharing: A case of south African	Knowledge Management & E-	2019
12	Duricolli Dorin at al [32]	According knowledge sharing in cancer screening among high	Learning	2010
15	Puricein Perin et al. [32]	middle and low-income countries: Insights from the	Journal of Global Offcology	2019
		international cancer screening network		
14	Dagenais et al [33]	Improving the health and safety of 911 emergency call centre	International Journal of	f 2017
	Dugenuis et un ? ?	agents: An evaluability assessment of a knowledge transfer	Occupational Safety and	2017
		strategy	Ergonomics	
15	Shellum et al. [34]	Knowledge management in the era of digital medicine: A	Learning Health Systems	2017
		programmatic approach to optimize patient care in an academic	0	
		medical center		
16	Zhou & Nunes [35]	Barriers to knowledge sharing in Chinese healthcare referral	Global Health Action	2016
		services: An emergent theoretical model		
17	Anya& Tawfik [36]	A model of medical practice for contextual knowledge sharing in	International Journal of	f 2016
		collaborative healthcare	Medical Engineering and	
			Informatics	
18	Sibbald & Kothari ^[37]	Creating, synthesizing, and sharing: The management of	Public Health Nursing	2015
10		knowledge in public health		2015
19	Gider <i>et al.</i> [0]	Perceptions of physicians about knowledge sharing barriers in	Journal of Medical Systems	2015
20	Earrington at al [38]	Turkish health care system	Journal of Intellectual Dischility	2015
20	rainigion et ul. [30]	an integrated community intellectual (learning) disability corvices	Possarch	2015
		for adults	Research	
21	Lomiro et al [39]	Dissemination of performance information and continuous	Journal of Health Organization	2013
41	Lennie et un es	improvement: A parrative systematic review	and Management	2015
22	Taheri & Gharakhani	The application of total quality management and knowledge	Research Journal of Applied	2013
	[40]	management in health system	Sciences. Engineering and	
			Technology	
23	Williams ^[41]	Integration of health and social care: A case of learning and	Health & Social Care in The	2012
		knowledge management	Community	
24	Abdul Rahman ^[42]	Knowledge sharing practices: A case study at Malaysia's	The International Information	2011
		healthcare research institutes	& Library Review	
25	Dearing et al. [43]	If we only knew what we know: Principles for knowledge sharing	Translational Behavioral	2011
		across people, practices, and platforms	Medicine	
26	Bedi & Bedi ^[44]	Knowledge management in health systems: The emerging role of	Clinical Communiques and	2011
		chief information officer (health) from grassroots to tertiary levels	Medical Education	
27	Nilsen & Ludvigsen [45]	Collaborative work and medical talk: Opportunities for learning	Communication & Medicine	2010
		through knowledge sharing		

Health Education and Health Promotion

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		abt page.	
28	Steininger <i>et al.</i> ^[46]	Healthcare knowledge transfer through a web 2.0 portal: An International Austrian approach Healthcare To Management	Journal of 2010 echnology and
29	Underland ^[47]	When trustworthiness matters: How trust influences knowledge- Communication production and knowledge-sharing in a surgical department	n & Medicine 2010
30	Ramanadhan <i>et al.</i> ^[48]	Extra-team connections for knowledge transfer between staff Health Education teams	on Research 2009
31	Quinlan ^[49]	The 'actualities' of knowledge work: An institutional ethnography Sociology of He of multi-disciplinary primary health care teams	ealth & Illness 2009
32	Lemmergaard ^[50]	Reducing hospital-acquired infections through knowledge- Team sharing in work teams Management	Performance 2009
33	Gowen <i>et al.</i> ^[51]	Knowledge management as a mediator for the efficacy of Healthcare transformational leadership and quality management initiatives Review in U.S. health care	Management 2009
34	Gorry ^[52]	Cuba's virtual libraries: Knowledge sharing for the developing MEDICC Review world	w 2008
35	Sánchez-Polo & Cegarra-Navarro ^[53]	& Implementing knowledge management practices in hospital-in- Journal of Nurs the-home units	ing Care Quality 2008
36	Gagliardi <i>et al.</i> ^[54]	Fostering knowledge exchange between researchers and decision- Health Policy makers: Exploring the effectiveness of a mixed-methods approach	2008

Discussion

Knowledge shared among individuals or groups can be either explicit or tacit. Explicit knowledge can be codified, documented, and easily disseminated among individuals, groups, and organizations. It includes various forms such as documents, textbooks, and scientific articles [55]. In contrast, tacit knowledge refers to skills, ideas, and experiences that reside in the minds of individuals, making access to them challenging. People often do not recognize their tacit knowledge or how to leverage it to assist others [56]. In the study by Gider et al., various types of knowledge were referenced, including consulting knowledge, clinical findings about cases, work experiences, new medical knowledge, and knowledge about technology, as well as knowledge related to the work environment or organizational structure that physicians share with their colleagues or other healthcare professionals [8]. Abdul Rahman also examined methods of knowledge sharing, indicating that knowledge about 'know-how' and skills is shared tacitly ^[42]. Therefore, in the healthcare system across different hospital departments, tacit and explicit knowledge is shared, and these two types continually interact. Adeyelure et al. noted that interactions between tacit and explicit knowledge occur within meetings held among healthcare staff^[31].

Knowledge can be shared formally or informally. Raven & El Sawy classified formal and informal knowledge-sharing methods, noting that each method can involve two or more participants. Formal sharing is typically planned, while informal sharing is spontaneous ^[57]. In the healthcare system, knowledge sharing occurs through various formal methods, such as workshops, symposiums, conferences, and webinars. Informally, it takes place through observation, imitation, and apprenticeship. With advancements in technology and communication, knowledge is increasingly shared online in addition to in-person interactions. In addition to knowledge sharing within organizations, inter-organizational knowledge sharing occurs through referring patients to specialists from different hospitals ^[35]. Various factors contribute to knowledge sharing among organizations, such as the need for an organization to survive ^[1]—however, more than this factor is required. Effective inter-organizational knowledge sharing also necessitates infrastructure provision, especially when knowledge is shared virtually ^[42].

To facilitate the easy sharing of knowledge, individual, organizational, and political barriers must be addressed or managed as much as possible. Given the hierarchical nature of hospitals ^[10], it is not surprising that healthcare personnel may fear losing their positions of power, which can hinder knowledge sharing [42]. Some barriers, such as the overload of healthcare staff^[35], can be mitigated with appropriate management. Since the primary focus of providing care to patients is to ensure their safety and well-being, healthcare workers sometimes do not prioritize knowledge sharing. Zhou & Nunes [35] noted that physicians are often overwhelmed with work and tend to focus more on addressing immediate patient needs, which may lower knowledge sharing on their priorities ^[35].

One of the significant barriers to knowledge sharing is the need for more trust at both the individual and organizational levels. As Zhou & Nunes noted in their study, a recurring theme in the interviewees' statements was the issue of distrust between parties during the referral process. This distrust pertained to healthcare professionals in primary care settings during referrals and to the tacit knowledge shared by peer specialists and patient medical records involved in the referral process [35]. Abdul Rahman also stated in his study that 45.5% of respondents identified peer distrust, and 43.3% identified distrust in management as an obstacle to knowledge sharing [42]. Underland [47] further indicated that when new information is shared in clinical meetings, surgeons must regard it as reliable; Otherwise, the clinical meeting serves no purpose as a venue for knowledge

sharing and decision-making. Appropriate knowledge-sharing policies are needed to effectively manage these individual and organizational barriers, as the absence of such policies constitutes a barrier to knowledge-sharing ^[35].

Since knowledge is considered an important organizational asset and should not be confined, its sharing has positive implications when facilitated. Tetroe *et al.* asserted that knowledge sharing is vital for the healthcare sector, as it can enhance accountability and evidence-based performance in health planning, policy-making, and service delivery ^[58]. Jabr identified the benefits of knowledge sharing in his study as follows: 1) reduction of medical errors, 2) improvement in the quality of healthcare, 3) enhancement of patient health and safety, 4) support for the promotion of evidence-based medical practices, 5) encouragement of patient-centered technologies, and 6) provision of better health outcomes through improved training and education for health professionals [7].

One limitation of this study was the need for more access to the full text of certain articles and theses. Establishing clear policies is essential to facilitate effective knowledge sharing among individuals and organizations.

Conclusion

Tacit and explicit forms of knowledge (such as experiences and patient records) are shared among healthcare staff within the health system through formal, informal, in-person, and virtual means. Knowledge is shared at the individual level and within and between organizations. Both organizational and individual factors play a role in this process. Consequently, knowledge sharing in the health system has positive implications for its stakeholders, including organizations, patients, and healthcare staff.

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Authors' Contribution: Nouri Khaneghah Z (First Author), Introduction Writer/Methodologist/Main Researcher/Discussion Writer/Statistical Analyst (30%); Sohrabi Ζ (Second Author), Introduction Writer/Methodologist/Main Researcher/Discussion Writer/Statistical Analyst (30%); Bigdeli S (Third Author), Introduction Writer/Methodologist/Original Researcher/Discussion Writer/Statistical Analyst (15%); Khoddam Η (Fourth Author), Introduction Writer/Methodologist/Main Researcher/Discussion Nouri Khaneghah et al.

Writer/Statistical Analyst (15%); Kamali M (Fifth Author), Methodologist/Main Researcher/Statistical Analyst (10%) **Funding/Support:** The Vice-Chancellor for Research of Iran University of Medical Sciences granted and supported this research.

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Health Education and Health Promotion

Knowledge Sharing in the Healthcare System; A Systematized Review

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Nouri Khaneghah et al.

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